



GUIDE TO THE MACHZOR

Rosh Hashanah

AN OVERVIEW OF THE STRUCTURE OF SERVICES

**WITH PAGE NUMBERS FOR
Rabbinical Assembly, Silverman, Lev Shalem
and Routledge Machzorim**

Acknowledgements: Reuven Hammer (Entering Jewish Prayer),
Jeffrey Cohen (Prayer and Penitence), Steven Brown (L'ela
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WELCOME TO KOLNEFESH MASORTI

We aim to enable everyone to feel at home in the Synagogue and to be able to participate in the services as much as possible. This booklet contains an overview of the structure of the Evening and Morning services during Rosh Hashanah. It provides a glimpse into the spiritual building blocks of the services, clearly separating each section and sub-section. It lists some of the well-loved prayers along the way, showing their page numbers from four Machzorim in most popular use in our Synagogue. However, any traditional Machzor can be used.

Page numbers of Machzorim are shown in the following order:
Rabbinical Assembly (grey book, edited by Rabbi Harlow), Silverman (black book), Lev Shalem (brown book), Routledge (dark blue)

Rosh Hashanah and Yom Kippur begin and end a ten-day period known as the Yamim Nora'im, Days of Awe, during which Judaism gives us a unique opportunity to dedicate ourselves to renewal - a time of self-assessment and evaluation. Each year we strive to do more to improve ourselves in both a spiritual and an ethical sense.

With this guiding principle, Kol Nefesh Masorti Synagogue is dedicated to creating opportunities for everyone to increase his or her understanding and love of the Jewish way of life. We hope this booklet is of value. May we all be inscribed for a good year.

THE FOUNDATIONS OF PRAYER

The building block of all Jewish prayer is the blessing. The familiar words *Baruch Ata Adonai* (literally *Blessed are You, Lord*) provide the formula for each of the prayers or sections of prayer. It defines our beliefs and attitudes towards God, renewing our sensitivity to the world around us, constantly reaffirming that we can never take life for granted.

Every day we pray three times - *Ma'ariv* (evening), *Shacharit* (morning) and *Minchah* (afternoon). *Ma'ariv* and *Shacharit* services include the Sh'ma reflecting the commandment in its first paragraph to 'teach them to your children when you lie down and when you rise up'.

All services have the same basic structure with certain modifications for Shabbat, Festivals etc.

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Page 2

Announce Pages Open and close the ark

The outline structure is as follows:

Ma'ariv: SH'MA and its blessings – Half *Kaddish* – AMIDAH – Full *Kaddish* – *Alenu*.

Shacharit: Morning blessings – Songs of Praise – Half *Kaddish* – SH'MA and its blessings – -AMIDAH [On Rosh Hashanah, in addition, is the Torah Service, the SHOFAR Service, and the MUSAF which contains the three major sections *Malchuyot*, *Zichronot*, and *Shofarot*] – Full *Kaddish* – *Alenu*

Minchah: Half *Kaddish* – AMIDAH – Full *Kaddish* – *Alenu*. This format also applies to the Musaf (Additional service) after Shacharit.

A note about *Kaddish*

We can see from the service structure that the sections of the services are punctuated by the reading of a half-*Kaddish* for a part of a service and a full *Kaddish* after the Amidah. The *Kaddish* read by mourners follows *Alenu* and mourners may also read *Kaddish d'Rabbanan* after a study passage. *Kaddish* praises God and bears no mention of death. Ashkenazi tradition repeats the word *l'ela* during the Ten Days of Penitence emphasising that God is even higher at this special time.

The 'body language' of prayer

Apart from *shockelling* (swaying back and forth or side to side) which has accompanied Jewish prayer for centuries, there are key moments where we bow in deference to God. The *Amidah*, which means standing, contains the 'choreography of court etiquette'. Its direct address to God the King demands the respect of a royal court. We take three steps back and three steps forward at the beginning of the silent Amidah, and then three steps back, bowing to left and right, at the end. We bow, bending the knees and then the upper body, at the beginning and end of the first B'racha (*Avot*) and then at the words *Modim Anachnu Lach* at the sixth B'racha (*Hoda'ah*). Another tradition is to raise the heels three times at the words *Kadosh, Kadosh, Kadosh* during the third B'racha (*K'dusha*). We also bow as we recite the response to *Bar'chu* and at the words *Va'anachnu Kor'im Umishtachavim Umodim* in *Alenu*. On Rosh Hashanah during the reading of the *Malchuyot* (Gods Kingship) in the Musaf Amidah we prostrate ourselves. The Jew bows to no-one but God and in the past, many have been martyred for this principle.

MA'ARIV - EVENING SERVICE

[On Shabbat] - *Kabbalat Shabbat*. Welcoming Shabbat 14,3,4,9
BAR'CHU - The Reader's call to Bless 20,6,5,10

Hama'ariv Aravim - First blessing before *Sh'ma*, the Blessing of Evening
Ahavat Olam - Second blessing before *Sh'ma*, the Blessing of Torah
SH'MA 3 paragraphs - *V'ahavta* (Deut 6:4-9) 22,7,6,11
V'haya Im Shamo'a (Deut 11: 13-21)
Vayomer (Num 15:37-41)

Emet V'emunah to *Ga'al Yisrael*- 1st blessing after *Sh'ma*, the Blessing of Redemption

Hashkivenu - 2nd blessing after *Sh'ma*, the Blessing of Protection

Tik'u V'chodesh Shofar [On Shabbat, *V'sham'ru*]

Hatzi (half) Kaddish by Reader

AMIDAH Blessing 1 - *Avot* (God of our Ancestors) 30,11,11,15
(personal, Blessing 2 - *G'vurot* (God's power)
said silently) Blessing 3 - *K'dushah* (Sanctification)
Blessing 4 - *K'dushat Hayom* (Holiness of the day)
Blessing 5 - *Avodah* (Accept our Prayer)
Blessing 6 - *Hoda'ah* (Thanksgiving)
Blessing 7 - *Shalom* (Peace)

[On Shabbat *Vay'chulu Magen Avot* - Reader's short repetition of Amidah
Full *Kaddish* by Reader

Kiddush 46,19,24,21

CONCLUDING PRAYERS

Alenu 48,22,25,22

L' David Adonai Ori (Psalm 27) 52,24,27,39

Mourners' Kaddish 50,23,26,22

Yigdal 54,25,28,23

SHACHARIT -MORNING SERVICE

BIRCOT HASHACHAR (EARLY MORNING BLESSINGS) The quiet, reflective and personal nature of the early morning blessings gently gets us in the mood for prayer and awakens us to realise another day in which we have been given the gift of life.

58,29,35,4

Kaddish d'Rabbanan

70,33;41,--

PESUKE D'ZIMRA (VERSES OF SONG) -Biblical readings and Psalms to prepare us for prayer. The heart of this section are the five ecstatic 'Halleluyah' Psalms 146-150. These are embraced by biblical readings and blessings beginning *Baruch she'amar v'haya ha'olam* -Blessed is He who spoke and the world came into existence. This poetical expression of God the Creator heralds the whole section which celebrates a journey through our history. Its concluding blessing praises God who loves the songs of melody - God, the life of the universe.

Baruch She'amar -Blessed is He who spoke ...

75,43,47,63

Nishmat-The breath of all life praises you ...

102,58,67,78

Hamelech -The King

1st day

106,60,69,80

2nd day

106,60,69,176

(Change of Reader at this point)

Hatzi (Half) Kaddish by Reader

THE SH'MA AND ITS BLESSINGS

Bar'chu is the call to public praise for which there must be a minyan. It is followed by the *Sh'ma*, which, wrapped in its guardian blessings, stands as the watchword of Judaism -Hear O Israel, the Lord our God, the Lord is One! It is the closest we can come to describe the indescribable. The line *Baruch Shem K'vod Mal'chuto L'olam Va'ed* signifies our acceptance of the 'yoke of the Kingdom of Heaven' and is said silently, except on Yom Kippur. According to tradition we must accept this before we can accept the 'yoke of the *mitzvot* (commandments), which are described in the *Sh'ma* itself

Bar'chu - The Reader's call to Bless

108,61,71,81

Yotzer Or - 1st blessing before *Sh'ma*, the Blessing of Creation

[On Shabbat] *El Adon* -. poem in alphabetical acrostic form

Page numbers of Machzorim are in the following order:

Page 5

Rabbinical Assembly (Harlow), Silverman, Lev Shalem and Routledge.

Announce Pages Open and close the ark

Ahavah Rabbah - 2nd blessing before *Sh'ma*, the Blessing of Torah
SH'MA 3 paragraphs: *V'ahavta* (Deut 6:4-9) 116,70,77,88
V'haya lm Shamo'a (Deut 11:13-21)
Vayomer (Num 15:37-41)
Emet V'Yatziv to Go'al Yisra'el -long blessing after *Sh'ma*, the blessing of Redemption

SHACHARIT AMIDAH

The Amidah read on weekdays contains 19 blessings. On Shabbat and Festivals the Amidah has seven blessings (those without personal petition). Each blessing is known by a title which depicts its content. The Rosh Hashanah liturgy is devoted to God's kingship and we refer to Him as *Hamelech* (the King), a word that occurs many times throughout the service.

AMIDAH (personal, said silently) 124,73,11,91

AMIDAH - READER'S PUBLIC REPETITION

Blessing 1 - *Avot* (God of our Ancestors) **Open the ark**
132,77,81,95

Close after p132 (Day 1), after p134 (Day 2)

Blessing 2 - *G'vurot* (God's power)

Yimloch Adonai L'olom 136,79,83,98

El Na (acrostic poem)

L'El Orech Din (acrostic poem) **Open the ark at U'vechen Lechah**
140,99,85,106

Close just before K'dushah

Blessing 3 - *K'dushah* (Sanctification)

ending *Hamelech Hakadosh*

Blessing 4 - *K'dushat Hayom* (Holiness of the day)

Blessing 5 - *Avodah* (Accept our prayer)

Blessing 6 - *Hoda'ah* (Thanksgiving)

Blessing 7 - *Shalom* (Peace) with Priestly Blessing by Reader

Avinu Malkenu - Our Father, Our King [not recited on Shabbat]

Open the ark 152,94,92,111

Full *Kaddish* by Reader 156,96,94,113

TORAH SERVICE

On Rosh Hashanah five people are called to the reading of the Torah. The text is chanted in a special melody but the tune of the Haftara is that usually sung all year.

En Kamocha	(Scrolls are taken out of the Ark)	
	1 st day	160, 97,96,114
	2 nd day	160, 97,96,213
Torah Reading	(1 st day) Scroll 1; Genesis 21 tells of the birth of Isaac	168,100,100,117
	(2 nd day) Scroll 1: Genesis 22 tells of the binding of Isaac	174,109,103,216
	Scroll 2 (Maftir) Both days Num 29:1-6	180,103,106,120
Haftara	(1 st day) I Samuel 1:1-2,10	182,104,108,121
	(2 nd day) Jeremiah 31:1-19	188,111,111,219

Prayers for the Community (Shabbat only), this Country and the World, and for the State of Israel

THE SHOFAR SERVICE [except on Shabbat] .

The shofar can be the horn of any kosher animal except a cow or ox. *Tekiah* -a plain, unwavering note; *Sh'varim* - three short blasts; *T'ruah* - nine short notes. Its sound pierces the conscience of every Jew. Who can remain unmoved? During the morning a total of 100 notes are sounded at key points. At this point we hear the first thirty.

202,117,119,126

(Scrolls are returned to the Ark)

Half Kaddish	1 st day	214,125,123,131
	2 nd day	214,125,123,227

MUSAF (ADDITIONAL SERVICE) commemorates the additional offerings which were brought to the Temple in ancient times. The characteristic features of the liturgy for Rosh Hashanah are the three sections introduced into the Musaf Amidah -*Malchuyot* (God's Kingship), *Zichronot* (God Remembers) and *Shofarot* (God Reveals). Each contains three quotations from the Torah, three from Psalms, three from Prophets, and concludes with another from the Torah. Each section ends with sounding

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Page 7

Announce Pages Open and close the ark

the shofar [except on Shabbat].

AMIDAH (Silent) 216, 125,125,131
Hin'ni (Reader's plea for worthiness to lead the congregation) 236,124,140,---

AMIDAH - READER'S REPETITION

Blessing 1 -*Avot* (God of our Ancestors) **Open the ark**
Close before *Zachrenu l'chaim* 238,139,141,142

Blessing 2 - *G'vurot* (God's power)

Un'taneh Tokef (*We will celebrate the holiness of the day*). "The great shofar is sounded but it is within the still, small voice that we find God ... " On Rosh Hashanah it is inscribed and on Yom Kippur it is sealed: Who shall live and who shall die." **Open the ark** 240,147,143,146
Close just before *K'dusha*

Blessing 3 - *K'dushah* (Sanctification)

V'chol Ma'aminim (All believe) 246,150,146,149

V'ye'etayu (All the world shall serve You) 250,153,150,151

Blessing 4 - *K'dushat Hayom* (Holiness of the Day)

Open ark at *Ochila la'el*, p254 in RA

MALCHUYOT (God's Kingship) Shofar **Close ark at *En Od*, p258**
+ 258,159,154,154

ZICHRONOT (God Remembers) Shofar

SHOFAROT (God Reveals) Shofar

Blessing 5 - *Avodah* (Accept our prayer)

Blessing 6 - *Hoda'ah* (Thanksgiving)

DUCHENING (Priestly blessing by Cohanim) 282,172,168,164

Blessing 7 - *Shalom* (Peace)

Hayom T'amsenu (Today You strengthen us) **Open the ark**
286,173,170,166

Full ***Kaddish*** by Reader

SHOFAR [except on Shabbat]

En Kelohenu (There is none like our God) 290,175,172,168

Alenu 292,176,173,169

L'David Adonai Ori V'yishi (Psalm 27) 296,38,44,39

Mourner's *Kaddish* 294,177,174,170

Adon Olam (Master of the World) 298,178,175,171

Page numbers of Machzorim are in the following order:

Page 8

Rabbinical Assembly (Harlow), Silverman, Lev Shalem and Routledge.

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