

# Bridging the Yamim Nora'im



KOL NEFESH  
MASORTI  
SYNAGOGUE

ד"ר  
נפש  
מסורתי

10 Days of  
Learning & Reflection  
with Kol Nefesh Masorti

## 'The Individual and the Collective'

The period of the High Holy Days is our culturally mandated time for reflecting on our lives. It provides an opportunity for turning over our core values and assumptions and pondering which areas of our lives we need to develop and work on.

Each year, Kol Nefesh Masorti Synagogue offers a unique programme of learning and reflection during the Ten Days of Repentance between Rosh Hashanah and Yom Kippur. As a community we take a pertinent theme and explore it in depth from a variety of perspectives. Through this process we allow ourselves to stop, think and re-order our priorities; to reconnect to our deepest understandings of reality. We aim to arrive at Yom Kippur having done the inner work necessary to prepare for that great day of reckoning.

This year we will be exploring the relationship between the individual and the collective. In the Middle Ages most people would have remained members of the same

groups for their entire lives, and these groups would have thoroughly shaped their outlook and responsibilities. In our age we feel much freer to control our own social relationships, to move around, to experiment with who we are and the groups we belong to, and to determine for ourselves what those memberships demand of us. What does membership of a collective mean now, and can it still make deep demands on us?

Please join us for all or some of the shiurim this year! All sessions are stand-alone, requiring no background knowledge. We have an amazing programme which includes teachers from within our community as well as guest teachers. In addition, Rabbi Joel will be at all of the sessions, in person and on-line, ensuring that there is a constant conceptual 'shape' to our ten days of learning.

*Shanah Tovah.*

Follow 'The Individual and the Collective' over 10 days in person and on Zoom. Details of services are on pages 3-4, and venues are on page 4.

Monday  
Sept 6  
6:30pm

Our **Erev Rosh Hashanah** service is at the Leonard Sainer Centre. Rabbi Joel will kick off our programme with a drasha, *'I and/or We?: A gentle introduction to the theme of the individual and the collective'*.

Tuesday-  
Sept 7  
Service  
starts  
9:00am

The theme of the Individual and the Collective continues at our **1st day Rosh Hashanah** service. At the morning service (at Emmanuel, which used to be Brady), Rabbi Joel will talk on this theme in his drasha around 11:15am.

After the drasha (approx. 11:45am) **Nahum Gordon** will lead an alternative session, *'Another Fine Mess'*, as an alternative to the Musaph service. (Note, this session is at the Leonard Sainer Centre).

Our services are open to all. We do not charge to attend, though contributions are welcomed. Please email in advance to let us know who will be coming:

[admin@kolnefesh.org.uk](mailto:admin@kolnefesh.org.uk)

Be prepared: Start reading the novel 'Things Fall Apart' by Chinua Achebe for this year's Yom Kippur book club, and 'Holes' by Louis Sachar for the junior book club.

# The Yamim Nora'im at KNM, 5782 – 2021

## Follow 'The Individual and the Collective' over 10 days

<p>Tuesday- Sept 7 5:00pm</p>	<p>Join us for <b>Tashlich</b> 5:00pm to cast our sins into the pond at Canons Drive, Edgware, and then walk to Melanie and Jeremy's for tea and a light study session with Rabbi Joel: <b>'Things that we have to do together – are there such things as irreducibly social goods?'</b></p>
<p>Wed. Sept 8 Service 9:00am</p>	<p>The theme of the Individual and the Collective continues at our <b>2nd day Rosh Hashanah</b> service. At the morning service, in the Leonard Sainer Centre, Rabbi Joel will talk on this theme in his drasha around 11:15am.</p>
<p>Thursday Sept 9 4:00pm</p>	<p>Our weekly <b>Pirkei Avot</b> (Sayings of the Rabbis) discussion group (on Zoom) will pick up the theme of the Individual and the Collective and re-visit a selection of writings to examine <b>'The tension between self and community in Pirkei Avot'</b>. </p>
<p>Thursday Sept 9 8:00pm on Zoom</p>	<p><b>Dr. Adi Amit</b> will lead this session on <b>'The individual and the collective: A moralistic view of social identity.'</b> Social identity is one of the prominent constructs studied in social psychology, reflecting how a collective (a social group), is embedded in one's own identity. Dr. Amit will present research that she is currently conducting on social identity and morality. <i>Dr. Amit is a senior lecturer at the Open University of Israel. As a member of the psychology department, she wrote the book on the psychology of negotiations and teaches group dynamics to master's students in social psychology. Her research focuses on individuals and groups, taking special interest in inter- and intra-group conflict.</i> </p>
<p>Shabbat Sept 11</p>	<p>In the morning at the <b>Shabbat Service</b>, hear Rabbi Joel's drasha on <b>'9/11, Afghanistan ... De Montaigne on how the lurking fear of religious warfare impacts all our life choices'</b>. Then we will get together at 5:30pm in the afternoon for tea, study and <b>Havdalah</b> at Brenda and Mike's. Rabbi Joel's shiur will be <b>'Am I doing this for me or for we, and how can I tell?'</b></p>
<p>Sunday Sept 12 3:00pm on Zoom</p>	<p><b>'Self and community around the world', with Avi Bram, Leon Fenster, and Lisette van Lieshout.</b> Members of our community will discuss how different countries address the relative weight of the individual and the collective. <i>Avi Bram is a development economist working for the British Embassy in Zimbabwe. He recently completed a three-year posting in Ethiopia, providing technical assistance and economic advice. He is also a trustee for a British charity, Meketa, which supports the Jewish community in Gondar, northern Ethiopia, and has visited many times.</i> <i>Leon Fenster is an artist from London, currently based in Asia. His art joyfully re-imagines and reinvents the familiar, taking the viewer on whimsical journeys through real and imagined cities, family histories, alternative architectural worlds and midrashic Jewish stories. He has also, for the past two years, led the Taiwan Jewish community's tefila. He recently published the first Beijing Haggadah and his current projects include his second Haggadah (<a href="http://Leonfenster.com">Leonfenster.com</a>).</i> <i>Lisette van Lieshout is Dutch and since 2017 married to Daniel, who is British. They spend their time alternately in Amsterdam and London where they are active members of their kehillot. Professionally, Lisette is a biomedical researcher, coordinating international projects through which she encounters people of many cultural backgrounds on a daily basis. She will share some thoughts about her personal Jewish identity in the context of her work as well as her multicultural family connections.</i> </p>
<p>Monday Sept 13 8:00pm on Zoom</p>	<p><b>Gary Bloom</b> will talk on <b>'Me and my team: Reflections on the interplay between the individual and the team in sport and at work'</b>. <i>Gary Bloom is the only sports psychotherapist working in professional football in the UK. He also works with elite athletes, sportsmen and women treating issues like performance anxiety, depression, addictive behaviours and career-ending issues. Gary is the radio host of talkSPORT's "On the Sporting Couch" and in Feb. 2021 published a book, "Keeping Your Head in the Game" (Penguin). Gary is part of the Oxford Jewish Congregation.</i> </p>

# 10 days of Learning & Reflection with Kol Nefesh Masorti

## Follow 'The Individual and the Collective' over 10 days

Tuesday Sept 14 8:00pm	Join us for Rabbi Joel's final evening shiur, <i>'Weaving and un-weaving the rainbow: Does reducing things to their constituent parts inevitably ruin them?'</i> This session will be in person, at the Leonard Sainer Centre.
Wed. Sept 15/ Thurs Sept 16	In the two drashot on <b>Yom Kippur</b> (during the Kol Nidrei service, around 7:00pm, and after the Torah Service on the day of Yom Kippur, around 12:15pm) Rabbi Joel will complete his teaching on the theme of the Individual and the Collective.
Thursday Sept 16 1:00pm	In the <b>Alternative Session</b> during <b>Musaph on Yom Kippur</b> (around 1:00pm), <b>Sara Levan</b> will lead a discussion on the impact of our individual needs and those of the collective, reflecting on all we have studied and discussed these past 10 days. Note, this will be at the Leonard Sainer Centre. The Individual and the Collective is also the theme for the Adult and Junior book clubs (see page 4).

Rabbi Joel will be at all sessions. The evening sessions run from 8:00 to 9:00pm. At 7:30pm there will be optional time to reflect on where we are holding and on what we have learnt in the study sessions and drashot, and at 9:00pm after each session there will be time for optional Selichot. To join all our events on Zoom (marked with ) , use this link, <https://zoom.us/j/8079784899?pwd=SHY5TlFiZE5lTWlwTjZlR2ZlUjRkZz09> .

## Yamim Nora'im Services

We are using this booking app for all services — please book in advance!

<https://www.signupgenius.com/go/10c0c48a9a822a2fcc43-services>

The following service details are correct at the time of printing but may change if COVID guidance is altered. Up-to-date information, and details on how we will keep our events and services COVID-safe, can be found on the KNM website, <https://www.kolnefesh.org.uk/high-holy-days-2021>

<p><b>Selichot: Saturday September 4th at 9:30pm</b></p> <p>Sh'ma Koleinu, the Masorti Selichot Service, will be at New London Synagogue, 33 Abbey Road, London, NW8 0AT. Register to attend: <a href="https://www.newlondon.org.uk/event/shma-koleinu-a-slichot-service/">https://www.newlondon.org.uk/event/shma-koleinu-a-slichot-service/</a> or attend on Zoom: <a href="http://www.newlondon.org.uk/digital">www.newlondon.org.uk/digital</a></p>	<p><b>Erev Rosh Hashanah: Monday September 6th , 6:30pm at the Leonard Sainer Centre</b></p> <p>Erev Rosh Hashanah Service including drasha from Rabbi Joel (note: there is NO communal meal this year).</p>																		
<p><b>Rosh Hashanah 1st day: Tuesday September 7th</b></p> <p>Service at Emmanuel.</p> <table> <tr> <td>Shacharit</td> <td>9:00am</td> </tr> <tr> <td>Torah Service &amp; Shofar</td> <td>10:15am</td> </tr> <tr> <td>Drasha (Rabbi Joel)</td> <td>11:15am</td> </tr> <tr> <td>Alternative Session (at Leonard Sainer)</td> <td>11:45am</td> </tr> <tr> <td>Musaph</td> <td>11:45am</td> </tr> </table>	Shacharit	9:00am	Torah Service & Shofar	10:15am	Drasha (Rabbi Joel)	11:15am	Alternative Session (at Leonard Sainer)	11:45am	Musaph	11:45am	<p><b>Rosh Hashanah 2nd day: Wednesday September 8th</b></p>  <p>Service at Leonard Sainer Centre.</p> <table> <tr> <td>Shacharit</td> <td>9:00am</td> </tr> <tr> <td>Torah Service &amp; Shofar</td> <td>10:15am</td> </tr> <tr> <td>Drasha (Rabbi Joel)</td> <td>11:15am</td> </tr> <tr> <td>Musaph</td> <td>11:45am</td> </tr> </table>	Shacharit	9:00am	Torah Service & Shofar	10:15am	Drasha (Rabbi Joel)	11:15am	Musaph	11:45am
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<p><b>Children &amp; Youth, 1st day</b></p> <p>All children's services, as well as the creche, will start at 11:00am on 1st day Rosh Hashanah and will be at Emmanuel Centre.</p>	<p><b>Children &amp; Youth, 2nd day</b></p> <p>There will be no organized children's services on 2nd day Rosh Hashanah.</p>																		
<p><b>Erev Shabbat, September 10th: 6 for 6:30pm</b></p> <p>Friday Night for families at Brenda and Mike's with a musical Kabbalat Shabbat, a shared meal and a Chagigat Chumash - a celebration for the coming year's Bar- and Bat-Mitzvah celebrations</p>	<p><b>Shabbat Shuvah, September 11th</b></p> <p>Service at Leonard Sainer centre.</p> <table> <tr> <td>Shacharit</td> <td>9:45am</td> </tr> <tr> <td>Torah Service</td> <td>10:45am</td> </tr> <tr> <td>Sermon (Rabbi Joel)</td> <td>11:45am</td> </tr> <tr> <td>Musaph</td> <td>12:00pm</td> </tr> </table>	Shacharit	9:45am	Torah Service	10:45am	Sermon (Rabbi Joel)	11:45am	Musaph	12:00pm										
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## Yamim Nora'im Services (continued)

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<https://www.signupgenius.com/go/10c0c48a9a822a2fcc43-services>

### Yom Kippur: September 15th - 16th

All services at Emmanuel Centre

**Kol Nidrei service at 6:30pm, Sept 15th**

Discussion with Rabbi Joel follows the service

#### Yom Kippur Day, Sept 16th

Shacharit	9:30am
Torah Service	11:00am
Yizkor	12:00pm
Drasha (Rabbi Joel)	12:15pm
Musaph	1:00pm
Alternative Session (at Leonard Sainer)	1:00pm
Avodah Service	2:20pm
Break	3:30pm
Book Club	3:45pm
Mincha	5:15pm
Neilah	6:55pm
Fast goes out with mass shofar blowing	8:02pm
Ma'ariv and Havdalah	8:05pm

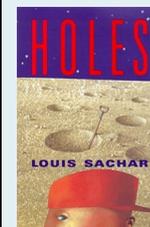


#### Children and Youth

All children's services, as well as the creche, will start at 11:00 am on Yom Kippur and will be at Emmanuel.

#### Book Club

At 3:45pm, we'll be discussing China Achebe's novel *Things Fall Apart*. If you come to the session, please try to have read at least part of the book.



Young readers are invited to join in the **Junior Book Club** at 2pm to discuss *Holes* by Louis Sachar.

*Join us to break the fast at 8:15pm.  
Clear up after the fast 8.30pm.*

## Sukkot and Simchat Torah: September 21st – 28th

All services at the Leonard Sainer Centre

**Sukkot 1st day, September 21st**  
**Sukkot 2nd day, September 22nd**

Shacharit	9:30am
Hallel and Lulav	10:20am
Hoshanot	11:45am
Kiddush after the service	

**Shabbat Hol Hamo'ed,**  
**September 25th**

Shacharit	9:30am
Hallel	10:20am
Shir Hashirim	10:45am
Hoshanot	11:45am
Kiddush after the service	

**Shemini Atzeret, September**  
**28th**

Shacharit	9:30am
Hallel	10:20am
Yizkor	11:30am
Tefilat Geshem	12:00pm
Kiddush after the service	

### Simchat Torah: Evening Service and Hakafot, September 28th, 6:30pm

On Simchat Torah we celebrate the endless cycle of Torah reading, and its central importance in our community and our Jewish life. This year join us at 6:30pm for our Ma'ariv service with the hakafot, where we'll sing and dance with Torah during the traditional 7 processions around the synagogue.

### Simchat Torah: Morning Service, September 29th

Shacharit at 9:30am  
Hakafot during the Torah Reading, approx 10:40am  
Kiddush after the service.

Venues for KNM Events

The Leonard Sainer Centre, Rectory Lane, Edgware, Middx HA8 7LF.

Please contact KNM for other venues: [admin@kolnefesh.org.uk](mailto:admin@kolnefesh.org.uk).

Zoom link for KNM events <https://zoom.us/j/8079784899?pwd=SHY5TFEiZE5lTWlwTjZlR2ZlUXRkZz09>